



Follow the wind chimes transcending the spiral staircase to Velvet Spa, where you are invited to create your own sensory spa story. Here you will feel the power of clean and respectfully harvested ingredients in the experiences we have curated to nourish your skin and relax your muscles, while revitalizing your mind and soul.

## **CHAPTER ONE**

Aromas are very personal, often reminding us of a magical place or experience. Your story at Velvet begins with your selection from our flight of six unique scent blends that will be artistically integrated into each of your treatments. You also have the option to select our unscented product line. You will receive a vial of your blend as our gift at the end of your treatment to carry your liquid memory with you.

## Choose From:

EARTH	OOLONG
Strengthening and Grounding	Balancing and Energizing
FRESH	SUN
Soothing and Cleansing	Comforting and Calming
	9
MANDARIN	ORE
Warming and Invigorating	Euphoric and Stimulating



## MASSAGE THERAPIES

Take a moment to allow your body to speak to you with one of our massage therapies. Velvet offers options to customize traditional massages to elevate your experience. Choose either a classic Swedish or Deep Tissue Massage for the following treatments.

## **REPLENISH**

## Nourishing

Hydrating cashmere oil conditions and replenishes the skin while an infusion of biodynamic flower essences calms the nervous system and promotes a sense of overall well-being, harmony, and happiness.

# \$210 | \$315 Swedish\$230 | \$335 Deep

60 | 90 minutes

#### RECONDITION

## Ageless

The ultimate combination of skin care and massage. An intensely hydrating quench concreta reconditions the skin while balancing your physical and emotional self.

## \$210 | \$315 Swedish \$230 | \$335 Deep

60 | 90 minutes

#### **REBOOT**

#### **Immunity Boost**

A deeply hydrating massage with shea, skin immunity re-energizing peptides, and probiotics to reboot overall wellness for skin, body, and spirit.

# **\$**210 | \$315 Swedish \$230 | \$335 Deep

60 | 90 minutes

## SPECIALTY MASSAGES

These massages use tools and techniques to address specific areas and your personal needs.

## **REBUILD**

#### **Athletic Detox**

Unlike a deep tissue massage, this sports massage is a more targeted pressure point treatment. Arnica and warm stones are used in specific areas to provide deeper release of muscle tension and toxins, rebuilding flexibility and performance potential.

## \$230 | \$335

60 | 90 minutes

## **RENOURISH**

#### **Ancient Salt Stone**

Warmed salt stones are rhythmically massaged over your body to provide deep muscle release. Your mind will enter a very tranquil space while renourishing your skin and physical being.

## \$210 | \$315

60 | 90 minutes

#### REFRESH

#### Adventurist Ritual

After a day of exploration, luxuriate in a warm, soothing foot soak, followed by leg and foot reflexology to refresh your mind and body. Extend your treatment to include a comforting and hydrating hand treatment.

\$105 | \$158

30 | 45 minutes



## VELVET BODY TREATMENTS

Velvet Spa's body treatments are intentionally designed to enrich the sensory experiences unique to Sedona.

#### **REVIVE**

#### Desert Dreams Cleanse

After warm arid days spent in Arizona, your skin will treasure this mineral rich body treatment. A luscious, warm, and nourishing oil application is followed by a gentle buff of shea butter infused with sugar and salt to revive your skin and unveil your glow. A deeply nourishing quench concreta is applied to dry areas to soften and protect your skin.

## **\$2**20|\$325

## 60 | 90 minutes

## **REJUVENATE**

## Sedona Sacred Clay Wrap

Rich and regenerating warmed red desert clay is artfully painted on your skin with a soft brush to stimulate your senses. You will then be cocooned in a warm, cozy blanket and savor a relaxing hand and foot massage. Spirits will be uplifted, leaving you in a state of deep relaxation, while luxuriant, hydrating quench is applied to your body to rejuvenate your skin and mood.

### \$325

90 minutes

## **RADIANT**

## Timeless Body Wrap

Hydrating shea and age defying and firming paracress extract are melted, and then painted onto the body with long, relaxing strokes. Next, your body is enveloped in a comforting blanket while you are treated to a soothing and nourishing scalp and neck massage infused with biodynamic flower essences to calm mind and body. You may choose a dry or warm oil hair treatment for your scalp massage.

#### \$220 | \$325

60 | 90 minutes

#### **REFILL**

## Ultimate Zen

The most relaxing, refilling, and hydrating quench treatment, tailored to you. This luxurious experience includes a scrub, wrap, scalp, and neck massage followed by a full body massage. This shea butter intensive treatment brings healing to every part of the body for a heightened state of relaxation and wellness. Elevate this amazing treatment with the healing benefits of CBD products for an additional \$60.

\$325 | \$385 (CBD)

90 minutes

\*90 minute versions of our body treatments include 30 minutes of massage



## ANTARA FULL-SPECTRUM CBD TREATMENTS

Our CBD wellness services are designed to target specific goals you may have for improved health and well-being. Incorporating the highest quality full spectrum CBD products available, our treatments can start you on a path of improved sleep, pain and stress relief, reduced inflammation or heightened everyday vitality.

#### RESTART

#### Harmony Massage

Bring harmony to the body with this CBD and arnica enhanced service that cares for tired muscles, soothes skin, and restarts the mind.

#### RECAPTURE

#### Age-Defying Massage

Access all the mind/body benefits of CBD alongside an infusion of age-defying biodynamic plant extracts to recapture the essence of hydrated, youthful skin.

## **RELOAD**

#### Relief Massage

Deliver soothing relief to the whole body and target attention to sore back, joints, hands, and feet with gently warming, tingling arnica and cayenne along with CBD, reloading your body in preparation for another day of exploration. This treatment includes a retail size of our CBD relief balm to further reduce pain upon your return home.

#### RECOVER

#### Balance Wrap

After a sun-soaked day of hiking, help the body recover with this CBD and arnica infused wrap that cares for tired muscles, soothes skin, and balances body and spirit.

## **REPLACE**

#### Hand & Foot Reset

A visit to Sedona includes a great deal of walking and hiking activities. Relieve muscle aches and ease tension with this gentle and deeply relaxing CBD treatment. A warm and calming foot soak is followed by a nurturing hand and foot massage to replace hydration and leave you feeling refreshed.

**\$25**0 | **\$**355

60 | 90 minutes

\$250 | \$355

60 | 90 minutes

\$360 | \$465

60 | 90 minutes

\$260 | \$365

60 | 90 minutes

\$198



## MAMA TO BE SERVICES

This specialty menu of services is designed to safely take care of the physical and emotional needs of Mama-to-Be during this incredible journey.

Note: Must be in at least the second trimester to experience these treatments.

#### RELIEF

## Babymoon Massage

This gentle massage provides relief from the aches and pains of pregnancy. Our specialty trained therapists will use a cushion system specifically designed to provide ultimate comfort during this massage. This experience includes an application of our hydrating, healing, and firming Unzented Concreta to the belly and hips to help reduce the signs of stretch marks.

\$210 | \$315

60 | 90 minutes

## **RETURN**

#### Babymoon Body Polish

A luscious, warm organic oil application followed by a gentle buff with shea butter infused with sugar and salt returns vibrancy to dull skin and unveils your glow. A deeply nourishing and hydrating balm is applied to soften and protect your skin from developing stretch marks. The 90-minute experience includes a 30-minute massage. This treatment includes a retail size concreta to take with you to continue your skin care at home.

\$269 | \$374

60 | 90 minutes

#### RELAX

#### **Babymoon Foot Ritual**

Enjoy a relaxing, soothing soak with ultra-moisturizing shea butter, Epsom, and arnica to help relieve tension and manage swelling in the feet. A gentle sugar and salt shea butter infused foot polish removes dry skin and then an ultra-hydrating butter balm is applied to soften the soles of your feet.

\$105

30 minutes

## **RETREAT**

## Babymoon Delight

The ultimate retreat for Mama to Be! This experience begins with a warm foot soak and gentle polish to care for sore and swollen feet. Then enjoy a relaxing organic shea butter and healing massage to relieve the aches and tension in the body while soothing and revitalizing the skin. This retreat features an ultra-gentle application of concreta to the belly and hips, to help reduce the appearance of stretch marks and soothe dry itchy skin.

\$325



## **ENERGETIC EXPERIENCES**

Tapping into the body's energy pathways can be a very transformative experience. Our experienced team is eager to introduce you to this type of wellness, or to expand your current energy balancing practice.

## **RECHARGE**

## Natural Flow Reiki

Reiki is a healing treatment intended to stimulate the body's own healing mechanism by creating optimal energetic flow. Feel a light touch of hands on key areas of your body to guide the flow of energy, opening these pathways. This treatment can also be performed with no physical touch as the energy flows through the open space between the therapist's hands and your body. This natural flow will leave you feeling lighter and recharged.

#### \$210

60 minutes

#### REALIGN

#### **Cranial Sacral**

Enjoy a gentle and soothing treatment during which a light touch is applied to your head, spine, and sacrum to release blockages and stimulate the healthy movement of fluids through your central nervous system. As your energy pathways are realigned, you will feel a reduction in pain and a release of tension.

#### \$210

60 minutes

Weather permitting, reiki and cranial services can be performed on your atrium rooftop for an additional \$105 per person.

#### **REAWAKEN**

#### Celestial Chakra

This powerful treatment incorporates many modalities including sound bowls, traditional massage, aromatherapy, reflexology, moon shaped crystals, and gentle energy work to reawaken your senses, bringing your seven chakras into balance.

#### \$315

90 minutes

## **REVITALIZE**

#### **Energy Exploration**

This experience is intended for those of you who are interested in energy work but may not be ready to devote an entire treatment to it. You will begin with a relaxing massage and then seamlessly transition into cranial sacral and/or reiki energy work at key points of your treatment to revitalize you physically and energetically.

#### \$315



## **COUPLES RITUALS**

Velvet has created a menu of experiences designed specifically for couples who wish to share moments and their spa time together.

#### RECONNECT

## Couples Escape

Reconnect with your partner loved one in one of Velvet's intimate couples' suites. Your escape begins with a deep soak in our warm and effervescent Japanese soaking baths. Relax and rejuvenate the body and mind during a full body classic or deep tissue massage, paying special attention to the shoulders, arms, and hands to open your heart and invite energy flow between you during your special time together. A complimentary beverage completes the celebration of your relationship.

## <mark>\$315</mark> Swedish <mark>\$33</mark>5 Deep <mark>Pe</mark>r person

90 minutes

#### RITUALIZE

#### Ultimate Duo

For the couple that wants to experience ultimate indulgence together, we have created a luxurious treatment in your favorite aroma that includes a scrub, wrap, scalp, and neck massage followed by a full body massage. Side-by-side your bodies will be nurtured, and you will feel deeply relaxed, allowing you both to simply focus and appreciate this sacred time you are sharing as a couple. Enhance this experience with the healing qualities of CBD for an additional \$60 per person.

## \$325 | \$385 (CBD) Per person

90 minutes

#### **RENEW**

## Couples Massage

Renew the special bond you share with your significant other during a harmonious side-byside massage. Treatments selected should be a similar type and the same length of time to create a synchronized experience.

## \$210-\$360 | \$315-\$465 Per person

60 | 90 minutes

## **REPAIR**

#### Couples Body Treatments

Prepare to have your skin repaired and your mind calmed during your selection of one of our nutrient and hydration rich body treatments performed in one of our couple's suites. Please choose the same type and length of treatment to create a ritual like escape.

## \$220-\$270 | \$325-\$375 Per person

60 | 90 minutes

#### **REAFFIRM**

#### Couples Energy

Discover the possibilities as you and your significant other explore the healing power of energy work together. As a couple, choose one of the energy experiences Velvet Spa offers. Reaffirm your intentions collectively as a couple and as individuals. This unique experience will leave you with a heightened awareness of yourself and your partner. Inquire about the options for couples' energy on your atrium rooftop for an additional \$105 per person.

\$210 | \$315 Per person

60 | 90 minutes



## **FACIALS**

Our curated facial services personally address your skin imbalances and restore harmony. Modern technologies are coupled with ancient traditions and clean ingredients to replenish your skin health and further protect it from environmental stressors. The result is a remarkable, noticeable glow.

#### RESTORE

#### **Essential Facial**

A profound sensory experience, our Essential Facial is a blissful journey that restores balance and radiance to your skin through potent natural botanicals. A gentle, enzymatic exfoliant and sonic dermabrasion technology polishes your skin to a luminous glow and a custom mask addresses your skin's unique needs. Leave with your skin deeply nourished and noticeably refreshed.

## \$225

60 minutes

#### REBALANCE

#### **Enhanced Facial**

Our Enhanced Facial addresses specific concerns through technologies that diminish the apparent effects of aging and environmental toxins. A natural acid peel is chosen for your skin type, gently resurfacing your skin for a radiant glow. A custom selection of LED-light therapy deeply heals and rebalances your skin. Leave with skin that looks youthful and healthy. This treatment includes a beautifully packaged TOMA Starter Essential Kit.

## \$293

60 minutes

## REGENERATE

#### NanoInfusion Facial

This transformative facial treatment regenerates the skin with a potent, yet gentle resurfacing technology and serums formulated to boost collagen synthesis. A nanoneedle cartridge contains 81 oscillating microscopic tips that noticeably resurface and promote deep penetration of the subsequent healing botanicals. Immediate results include noticeable improvement in the visibility of fine lines and wrinkles, hyperpigmentation, and overall tone without any recovery period. This treatment includes a beautifully packaged TOMA Starter Essential Kit.

#### \$293

60 minutes

## **REACTIVATE**

### AcuGlow<sup>™</sup> Facial

This luxurious high-touch proprietary facial treatment fuses innovative technology with the ancient rituals of Gua Sha and facial cupping to sculpt, tone, and brighten your skin. You will experience immediate skin transformation as collagen synthesis is reactivated and lymphatic drainage depuffs and smooths. A custom choice of LED-light therapy deeply heals as it addresses specific skin goals. You'll go home with a TOMA AcuGlow™ at Home system with Gua Sha Tool, Sculpting Treatment Oil, and Facial Cup to continue your treatment at home.

\$338



## REINFORCE Rainbow LED Light Therapy

To reinforce the powerful benefits of LED light therapy offered in our facials, we have several relaxing options for you to choose from including \*Refresh LED, \*Night and Day, and \*Rainbow LED Immersion. Please experience one of our facials that includes LED therapy before booking the reinforce options.

*Refresh LED  Customizable LED therapy targets specific skin concerns through varied wavelengths of light chosen for your specific goals. Skin is thoroughly cleansed and prepared for 15 minutes of LED therapy. This is followed by a relaxing application of TOMA's Bioactive Regenerating Oil. You will leave refreshed and glowing.	\$125 30 minutes
*Night and Day  Combine the benefits of our Dark Sky Lounge sound and vibrational frequency experience with Rainbow LED therapy.	\$120 30 minutes
*Rainbow LED Immersion Schedule multiple stand-alone LED Light sessions to enhance the results of your facial.	<b>\$6</b> 5

## **SPECIALTY OFFERING**

Picture the ear as a canvas adorned with over 200 acupressure points that hold the secrets to unlocking your inner balance. Drawing inspiration from the ancient wisdom of Chinese medicine, the artful application of Ear Seeds becomes a gateway to a world of holistic healing. These tiny treasures have the power to unlock a spectrum of common ailments, from the relentless grip of pain and elusive sleep to the ceaseless battle with weight, the throbbing rhythms of migraines, and the shadowy realms of emotional and mental well-being.

#### Ear Seeds

Your therapist will adorn your ear with miniature Ear Seed gems, each strategically placed to address the very heartbeat of your concern. These gleaming beacons of wellness are not just functional but a testament to elegance; they adorn your ear like nature's jewelry, offering a continuous embrace of acupressure and relief for a span of 2 to 5 days. So, as you wear these delicate treasures, know that they are your silent partners in the symphony of your well-being.

#### Add on to any Velvet Treatment

Your therapist will place an Ear Seed in your chosen style on your Shen Men for overall well-being.

#### **Elevated Ear Seeds**

Select from an expanded list of conditions that can be addressed with Ear Seeds. Choose up to 4 key areas of focus.

\$25

15 minutes

\$55



## **EXPERIENTIAL SPACES**

Velvet Spa has balanced innovative technologies with natural earthy textures into two experiential spaces that provide powerful well-being for both body and mind. You are invited to relax and meditate on your own in these grounding spaces or add them on to any spa therapy for an enhanced experience.

## Dark Sky Lounge

Surrounded by the celestial night sky, prepare to experience our interactive sound lounge, an exceptional therapy to accelerate muscle recovery in a very restful way. Choose from a menu of music meditations, each created with a specific intention to address your physical and emotional needs. Sound and vibration are synchronized to tickle every cell in your body acting as an internal massage, transforming your mind and body into a calm meditative state.

\$90 | \$180

30 | 60 minutes

## **02 Soaking Bath**

Immerse yourself in beautiful Japanese-style warm baths where the oxygen infused water will deeply penetrate and nurture your skin, reducing tenderness, and providing freedom of movement. Enjoy this experience after a long day of adventure or before a spa therapy letting your mind and body unwind, preparing for a restful night's sleep. Choose from a single or couples experience.

\$90 | \$180 Single | Couple

30 minutes

#### **Aromatic O2 Soaking Bath**

Enrich your bathing ritual by taking a scent journey and adding your favorite blend to your O2 Bath experience. Allow the aroma to heighten your senses while your skin is rehydrated and left feel silky smooth. Keep the remainder of your aroma wash to continue your skin refresh in your atrium and at home.

\$140 | \$280 Single | Couple

30 minutes

#### **Experiential Dual**

For the ultimate muscle recovery and skin renewal, indulge in an O2 Soaking Bath followed by a Dark Sky Lounge session.

\$180 | \$270

60 | 90 minutes

\*To enrich your Experiential Dual, request the Aromatic O2 Soaking bath for an additional \$50/per person.



## AMBIENTE MAKEUP SERVICES

Book one of Sedona's leading cosmetic artists for a custom makeup consultation and application to enhance your natural beauty, tap into your inner radiance, and uplift your look for any occasion.

## **Radiant Beauty**

Treat yourself to a full-service makeup consultation and application to create a look that aligns with your unique energy and leaves you feeling like your best self. Whether you are preparing for professional photos on the red rocks, a night out with your significant other, or want to capture the celebration that brought you here, our makeup service will leave you feeling confident and radiant.

#### \$180

90 minutes

#### **Bridal Artistry**

Congratulations on your upcoming union! Elevate your bridal experience with our master artist who will work with you to create a look that reflects your individuality and highlights your best features, while promoting a sense of calm and confidence on your special day! Watch and enjoy as your wedding day vision comes to life!

\$225

90 minutes

Bridesmaids, family, attendants \$180 artist fee 90 minutes

Services are provided to you in the luxury of your atrium.

All guests receiving services must be registered guests staying at Ambiente. In addition, Spa reception and concierge can provide recommendations for hair services, photographers, dinner, and dessert options for elopements, weddings, and other special occasions.

## **SPA GUIDELINES**

#### Arrival

Please arrive and check in at the Velvet Spa reception desk at least 15 minutes prior to your scheduled service to relax and enjoy the multi-sensory experiences offered in the spa areas. Robes and slippers are available at the spa to use while enjoying your time at Velvet.

#### Cancellations

Please contact the spa at least 48 hours prior to your service time if you need to reschedule or cancel your spa services to avoid a 100% cancellation fee.

#### Service Charge

To allow you to remain in a relaxed state throughout your entire spa experience, a 22% service charge will be added to your check.

